Our Lady's Primary School Tullysaran SEPTEMBER 2020

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One		Hot Dogs with Ketchup Sweet corn Mash Potato Pasta Spirals Gravy Homemade Shortbread	Oven Baked Chicken Nuggets Pasta Spirals Carrots Mash Potato Gravy Chocolate Brownie	Baked Gammon with Stuffing Sweetcorn Oven Roast Potato Mash Potato Gravy Artic Roll	Fresh Fish Goujons, Baked Beans Chips Mash Potato Gravy Frozen Mousse	schood food try something New to
Week Two	Beef Burger in a Bap Peas Pasta Spirals Mash Potato Gravy Chocolate Muffin	Homemade Pepperoni Or Margarita Pizza Baton Carrots Pasta Spirals Mash Potato Gravy Homemade Shortbread	Homemade Crispy Chicken Goujon Wrap Pasta Spirals Broccoli Mash Potato Homemade Flakemeal Biscuits	Roast Chicken with Stuffing Sweetcorn Oven Roast Potato Mash Potato Gravy Frozen Yoghurt	Fish Fingers Baked Beans Chips Mash Potato Gravy Strawberry Jelly	Bread, Fresh Fruit, Yoghurt, Milk - and Water are awailable Manyfoodni.con If you require any Information on allergens diets please contact the scl first instance
Week Three	Home Made Pepperoni Or Margarita Pizza Baton Carrots Mash Potato Pasta Spirals Chocolate Cookies	Breaded Fish Goujons Garden Peas Mash Potato Savoury Rice Homemade Flakemeal Biscuit	Savoury Mince Mix Vegetables Pasta Spirals Mash Potato Gravy Chocolate Muffin	Roast Chicken with Stuffing Carrots & Parsnip Sweetcorn Oven Roast Potato Mash Potato Artic Roll	Oven Baked Sausages Baked Beans Chips Curry Sauce Frozen Chocolate Yoghurt	
Week Four	Breaded Cod Fish Fingers Baked Beans Pasta Spirals Mash Potato Gravy Homemade Shortbread	Hot Dogs with Ketchup Broccoli Pasta Spirals Mash Potato Gravy Vanilla Cookies	Pasta Bolognaise with Crusty Bread Carrots Pasta Spirals Mash Potato Gravy Homemade Flakemeal Biscuit	Baked Gammon and Stuffing Sweetcorn Oven Roast Potato Mash Potato Gravy Frozen Mousse	Home Made Pepperoni Or Margarita Pizza Peas and Carrots Chips Mashed Potato Ice cream and Jelly	
Week Five	Chicken Curry & Rice Sliced Chicken Peas Mash Potato Gravy Icecream	Breaded Cod Fish Fingers Baked Beans Pasta Spirals Mash Potato Gravy Jelly	Beef Burger in a Bap Mix Vegetables Pasta Spirals Mash Potato Gravy Chocolate Muffin			