

Our Lady's Primary School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 22/11	Breaded Fish Fingers Savoury Mince Baton Carrots Medley of Fresh Vegetables Mash Potatoes Pasta Twists Gravy Chocolate Muffin or Fruit & Yoghurt	Breast of Chicken Curry with Steamed Rice Naan Bread Garden Peas Salad Selections Mash Potato Gravy Vanilla Ice Cream Pot Or Yoghurt & Fruit	Homemade Breaded Chicken Goujons Selection of Dips Sweetcorn Salad Selection Penne Pasta Mash Potato Fresh Fruit Selection & Yoghurt	Roast Breast of Chicken or Roast Pork Homemade Stuffing Fresh Baton Carrots Broccoli Florets Mash Potato Crispy Roast and Mash Potato Gravy Jelly Pot or Yoghurt & Fruit	Hot Dog or Chicken Roll Baked Beans Peas Tossed Salad Chips Mashed Potato Gravy Flakemeal Biscuit or Yoghurt & Fruit
WEEK 2 29/11	Steak Burger in a Bap Broccoli Florets Fresh Baton Carrots Mash Potato Gravy Fresh Fruit Selection & Fruit & Yoghurt	Homemade Margherita Pizza Garden Peas Tossed Salad Penne Pasta Mash Potato Gravy Homemade Shortbread or Fruit & Yoghurt	Fresh Breaded Fish Goujons Baked Beans Garden Peas Salad Selection Mashed Potato Jelly Pot or Yoghurt & Fruit	Roast Breast of Chicken Homemade Stuffing Roast Beef Cauliflower Cheese Fresh Diced carrots or Parsnip Crispy Roast & Mash Potato Chocolate Muffin or Yoghurt & Fruit	Chicken Nuggets or Chicken Wrap Selection of Salads, Salsa Dip Sweetcorn Chips Baked Potato Vanilla Ice cream pot or Yoghurt & Fruit
WEEK 3 6/12	Italian Bolognese Pasta or Savoury Mince Sweetcorn Broccoli Florets Mashed Potato Fruit Muffin or Yoghurt & Fruit	Oven Baked Goujons Baton Carrots Salad Selection Chips Mashed Potato Ice cream pot or Yoghurt & Fruit	Breaded Fish Fingers Garden Peas Mediterranean Roasted Vegetables Mashed Potato Baby Boils Fruit Selection & Yoghurt	Roast Turkey Homemade Stuffing Gravy Fresh Carrot or Parsnip Sweetcorn Crispy Oven Roast Potatoes Mashed Potato Chocolate Cookie or Yoghurt & Fruit	Traditional Homemade Smooth and Hearty Vegetable Soup Steak Burger in a Bap Mash Potato, Tossed Salads Selection of Breads Frozen Mousse or Yoghurt & Fruit
WEEK 4 13/12	Breast of Chicken Curry with Steamed Rice, Naan Bread Chicken & Broccoli Bake Garden Peas Fresh Savoy Cabbage Mashed Potato Chocolate Muffin or Yoghurt & Fruit	Oven Baked Sausage or Chicken Roll Baked Beans Sweetcorn Baton Carrots Mashed Potato Homemade Flakemeal Biscuit or Yoghurt & Fruit	CHRISTMAS DINNER Roast Breast of Turkey Cocktail Sausages Sweetcorn Fresh Baton of Carrots Brussel Sprouts Crispy Roast and Mash Potato Gravy Ice Lollies Diluted Orange	Pasta Bolognese or Salmon Fish Cake Broccoli & Cauliflower Florets Mashed Potato Gravy Jelly Pot or Yoghurt & Fruit	Homemade Margherita Pizza Salad Selection Sweetcorn Traditional Champ Chips Artic Roll or Yoghurt & Fruit

*Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily*

*Salad Selection
Rice Salad, Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Grated Carrots
Cucumber
Diced Red Peppers
Red Onion
Radish
Beetroot*

*If You Require Any
Additional
Information on
Allergens or
Special Diets
Please Contact the
School to
complete a Special
Diets Application
Form*

