Five

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 6/1/20	Chicken Curry or Beef Burger in a Bap Carrots & Broccoli Mash Potato & Rice Gravy Homemade Flake meal Biscuits	Spaghetti Bolognaise Tuna Baguette Peas and Cauliflower Mash Potato & Pasta Gravy Flake meal Biscuit	Fish Fingers or Fish Cakes Stuffed Bacon Rolls Mixed Vegetables Cabbage, gravy Mash Potato & pasta Chocolate Sponge	Gammon & Stuffing Sliced Chicken Carrot & parsnip Sweetcorn Oven Roast and mash Potato & Gravy Artic Roll	Homemade Pepperon Pizza Sweet chili chicken Wraps, Chips and gravy, Baked beans& Veg,
Week Two 13/1/20	Sausages or Peppered Chicken & Rice Carrots & Sliced green Beans, gravy Mash potato & Pasta Warm Chocolate Sauce	Homemade Pepperoni & Cheese Pizza or Chicken Fajita Wraps Peas & Broccoli Mash Potato, gravy Potato Wedges Chocolate Brownie	Chicken Curry & Rice Fish Fingers Mixed Vegetables Cauliflower Cheese Mash Potato & Pasta Jam Sponge	Roast Turkey /Stuffing Macaroni Cheese Sweetcorn Carrots & Parsnip, gravy Oven Roast and mash Potato Apple Crumble Custard	Cheese Burgers or Plain Burgers in Baps Tuna Wraps Beans & Vegetables Chips & Rice Gravy Frozen Mousse
Week Three 20/1/20	Pasta Bolognaise Chicken Tikka Boats Carrots & Parsnip Peas gravy Mash Potato Pasta Spirals Chocolate Muffin	Chicken Curry & Rice Savoury Mince Broccoli & Sweetcorn Mashed or baby Boiled potatoes Vanilla Cookie	Vegetable or Tomato Soup with Crusty Roll Beef Burger in a Bap or Sliced Chicken Roll Homemade Shortbread	Gammon with Stuffing Salmon Fish Cakes Carrots and Sweetcorn Oven Roast & Mash Potato Gravy Artic Roll	Fresh Fish Goujons Lasagne Stir Fried Vegetables Beans & Vegetables Chips & Mash Potato Ice cream and Jelly
Week Four 27/1/20	Pepperoni or Cheese Pizza Chicken Fajita Wraps Broccoli & Carrots Mash potato gravy Homemade Short Bread	Fish Fingers Baked Potato with Selection of fillings Peas and Sweetcorn Mash potato Pasta Gravy Chocolate Brownie	Chicken Curry & Rice Irish Stew Mixed Vegetables Carrots Mash Potato gravy Diced Potatoes Raspberry Ripple Tubs	Roast Chicken or Roast Beef & Stuffing Carrots & Parsnip Sweetcorn Gravy Mash and Oven Roast Potato Flake meal Biscuit	PARTY MENU Chicken Goujons Cocktail Sausages Baked Beans Chips Jelly & Ice-cream Orange Juice
Week					

## school food

try Something New today www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional Information on allergens or Special diets please contact the school in the first instance

