

February 2020 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Chicken Carbonara Salmon Fish Cake Lasagne Carrots, peas, gravy Mashed Potatoes Chocolate Muffin	Pasta Spirals in a Bolognese Sauce or Bacon, gravy Carrots & Parsnip Mashed Potato Shortbread Biscuits	Fish Fingers Chicken Crumble Mixed Vegetables Broccoli Mashed Potatoes Pasta Cheese & Biscuits	Baked Gammon with Gravy & Stuffing or Macaroni Cheese Sweetcorn & Broccoli Roast Potatoes and Mashed Potatoes Apple Crumble	Home Made Cheese & Pepperoni Pizza Chilli Chicken Wraps Baked Beans or Stir Fry Vegetables Chips Flakemeal Biscuit
Week Two	Beef Burger or Fish Fingers Sweetcorn, Carrots Mashed Potatoes Pasta, gravy Homemade Biscuits	Chicken Tikka or Bacon Panini Sliced Chicken Broccoli & Mixed Vegetables Pasta Potatoes & Gravy Iced Sponge	Homemade Cheese or Pepperoni Pizza Chilli Chicken with Noodles & Vegetables Carrots & Green Beans Oven Baked Potato Wedges, Mash & Gravy Flakemeal Biscuit	Roast Turkey with Stuffing & Gravy or Savoury Mince Carrots & Parsnip Sweetcorn Mashed & Roast Potatoes Artic Roll	VALENTINES DAY XOX PARTYXOX Hearts on Fire (curry) Endless Love Lasagne Cupids Arrow (chips) Love Bombs (beans) Love Heart Iced Biscuits Ruby Red Milkshake
Week Three	MID TERM BREAK	MID TERM BREAK	MID TERM BREAK	MID TERM BREAK	MID TERM BREAK
Week Four	Chicken Curry & Rice Chicken Tikka Panini Broccoli & Carrots Mash Potato, gravy Chocolate Muffin	Chicken Pasta Bake Sliced Chicken Smoked Haddock Peas and Sweetcorn Mash Potato and Gravy Selection of Deserts	Fresh Fish Goujons Homemade Pizza Mixed Vegetables Cauliflower Cheese Mash Potatoes Pasta & Gravy Shortbread Biscuits	Sliced Chicken & Gravy Stuffing, Roast Beef Sweetcorn & Carrots Oven Roast Potatoes Mash Potatoes, gravy Frozen Yoghurt	Hot Dogs Sweet & Sour Chicken Rice Vegetables Bean Chips Gravy Artic Roll

school food

try something new today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance

